

Rhonda's Swim Academy




*Professional Teachers
Extreme Quality over Quantity
48 years of teaching Lincoln to swim!*

DEEP END AND DIVING BOARD

Rhonda Dakan
 (“Rhonda on Randolph”)
 3725 Randolph
 Lincoln, NE 68510
 Phone: (402) 327-2849
 e-mail: rmulgrue@neb.rr.com
 website: RhondasSwimAcademy.com
 VISA • MasterCard • Discover

Class Registration Form

Please complete this form, enclose payment, and mail to:
 RHONDA DAKAN • 3725 RANDOLPH STREET • LINCOLN, NE 68510 • PHONE: (402) 327-2849

STUDENT NAME(S) _____

Age(s) _____ Level(s) _____ Dates/Time(s) _____ Session(s) _____

Address _____ City/State/Zip _____

PARENT'S NAME(S) _____

**E-mail (for Class Confirmation) _____ Cell _____

MasterCard VISA Discover Card Number _____ Exp. _____ 3 digit # on back _____

Please enclose \$115.00 per 4-day session. If you would like to order goggles for your child, add \$10 and the goggles will be ready on first day of classes. For more information about levels 1 through 8, call Rhonda at (402) 327-2849 or visit: RhondasSwimAcademy.com.

FALL 2024

\$115.00 per session. Pre-payment and registration required.

August 26 – November 16

SESSION 1

August 26 – September 21

Mondays: Aug. 26, Sept. 2, 9, 16
 Tuesdays: Aug. 27, Sept. 3, 10, 17
 Wednesdays: Aug. 28, Sept. 4, 11, 18
 Thursdays: Aug. 29, Sept. 5, 12, 19
 Saturdays: Aug. 31, Sept. 7, 14, 21

SESSION 2

September 23 – October 19

Mondays: Sept. 23, 30, Oct. 7, 14
 Tuesdays: Sept. 24, Oct. 1, 8, 15
 Wednesdays: Sept. 25, Oct. 2, 9, 16
 Thursdays: Sept. 26, Oct. 3, 10, 17
 Saturdays: Sept. 28, Oct. 5, 12, 19

SESSION 3

October 21 – November 16

Mondays: Oct. 21, 28, Nov. 4, 11
 Tuesdays: Oct. 22, 29, Nov. 5, 12
 Wednesdays: Oct. 23, 30, Nov. 6, 13
 Thursdays: Oct. 24, (skip Halloween) Fri. Nov. 1) 7, 14
 Saturdays: Oct. 26, Nov. 2, 9, 16

Fall 2023 Times/Levels

MONDAYS	5:00 – 5:45 p.m.3,4
Times: Levels:	5:45 – 6:30 p.m.1,2
4:15 – 5:00 p.m.1,2	6:30 – 7:15 p.m. . 5,6,7,8
5:00 – 5:45 p.m.3,4	
5:45 – 6:30 p.m.1,2	THURSDAYS
6:30 – 7:15 p.m.3,4	Times: Levels:
	4:15 – 5:00 p. m.3,4
TUESDAYS	5:00 – 5:45 p.m. .. 5,6,7,8
Times: Levels:	5:45 – 6:30 p.m.3,4
4:15 – 5:00 p.m.3,4	6:30 – 7:15 p.m.1,2
5:00 – 5:45 p.m.1,2	
5:45 – 6:30 p.m.3,4	SATURDAYS
6:30 – 7:15 p.m.1,2	9:00 – 9:45 a.m.3,4
	9:45 – 10:30 a.m. 1,2
WEDNESDAYS	10:30 – 11:15 a.m.3,4
Times: Levels:	
4:15 – 5:00 p.m.1,2	

WINTER-SPRING 2024

\$115.00 per session. Pre-payment and registration required.

January 2 – May 23

SESSION 1

January 2 – 25

Tuesdays: Jan. 2, 9, 16, 23
 Wednesdays: Jan. 3, 10, 17, 24
 Thursdays: Jan. 4, 11, 18, 25

SESSION 2

January 29 – February 22

Mondays: Jan. 29, Febr. 5, 12, 19
 Tuesdays: Jan. 30, Febr. 6, 13, 20
 Wednesdays: Jan. 31, Febr. 7, 14, 21
 Thursdays: Febr. 1, 8, 15, 22

SESSION 3

(Skip Spring Break Week)

February 26 – March 30

Mondays: Febr 26, Mar. 4, 18, 25
 Tuesdays: Febr 27, Mar. 5, 19, 26
 Wednesdays: Febr 28, Mar. 6, 20, 27
 Thursdays: Febr 29, Mar. 7, 21, 28
 Saturdays: Mar. 2, 9, 23, 30

SPRING BREAK

Four-day session (think Summer)

March 9, 10, 11, 12

Saturday, Sunday, Monday, Tuesday

Times:..... Levels:
 11:00 – 11:45 3,4
 11:45 – 12:30 1,2
 12:30 – 1:15 5,6,7,8
 1:15 – 2:00 3,4
 2:00 – 2:45 1,2
 2:45 – 3:30 5,6,7,8

SESSION 4

April 1 – April 27

Mondays: Apr. 1, 8, 15, 22,
 Tuesdays: Apr. 2, 9, 16, 23
 Wednesdays: Apr. 3, 10, 17, 24
 Thursdays: Apr. 4, 11, 18, 25
 Saturdays: Apr. 6, 13, 20, 27

FOUR DAY SESSIONS

Apr. 29-May 2 (M-Th)

May 6-9 (M-Th)

May 13-16 (M-Th)

May 20-23 (M-Th)

Times:..... Levels:
 3:30 – 4:15 3,4
 4:15 – 5:00 1,2
 5:00 – 5:45 5,6,7,8
 5:45 – 6:30 1,2
 6:30 – 7:15 3,4

Winter-Spring 2024 Times/Levels

MONDAYS

Times:..... Levels:
 4:15 – 5:00 p.m. 1,2
 5:00 – 5:45 p.m. 3,4
 5:45 – 6:30 p.m. 1,2
 6:30 – 7:15 p.m. 3,4

TUESDAYS

Times:..... Levels:
 4:15 – 5:00 p.m. 3,4
 5:00 – 5:45 p.m. 5,6,7,8
 5:45 – 6:30 p.m. 1,2
 6:30 – 7:15 p.m. 3,4

WEDNESDAYS

Times:..... Levels:
 4:15 – 5:00 p.m. 1,2
 5:00 – 5:45 p.m. 3,4
 5:45 – 6:30 p.m. 1,2
 6:30 – 7:15 p.m. 3,4

THURSDAYS

Times:..... Levels:
 4:15 – 5:00 p.m. 3,4
 5:00 – 5:45 p.m. 5,6,7,8
 5:45 – 6:30 p.m. 3,4
 6:30 – 7:15 p.m. 1,2

SATURDAYS

Times:..... Levels:
 9:00 – 9:45 a.m. 3,4
 9:45 – 10:30 a.m. 1,2
 10:30 – 11:15 a.m. 3,4

HOLIDAY OPEN SWIMS!

2 hours of Exercise and Play.

Beach balls, dive toys, shark rocks,
 and 92 degree water.

Rhonda lifeguards for entire two hours -
 Swimmers must be 4 yrs. and 38 inches tall.

Saturday November 23

Sunday November 24

12:30-2:30 \$30 each

Call (402) 327-2849 to reserve your spot!

SUMMER 2024

\$115.00 per session. Pre-payment and registration required. Options to enroll: call 402-327-2849 (fast, easy), mail registration and payment, drop- box outside pool door. ALWAYS include e-mail for class reminder. Reminder is a courtesy – calendar your classes.

May 28 – August 8

Sessions	Dates	Days
1	May 28-May 31	T-F
2	June 3-6	M-Th
3	June 10-13	M-Th
4	June 17-20	M-Th
5	June 24-27	M-Th
6	July 1-5	M-W,F
7	July 8-11	M-Th
8	July 15-18	M-Th
9	July 22-25	M-Th
10	July 29-Aug 1	M-Th
11	Aug 5-8	M-Th

Summer 2024 Times/Levels

Times:..... Levels:
 8:30 – 9:15 a.m. 3,4
 9:30 – 10:15 a.m. 1,2
 10:30 – 11:15 a.m. 3,4
 11:30 – 12:15 1,2
 12:30 – 1:15 5,6,7,8
 1:30 – 2:15 1,2
 2:30 – 3:15 3,4
 3:30 – 4:15 5,6,7,8
 4:30 – 5:15 1,2
 5:15 – 6:00 3,4

JUMPSTART!

A great way to jumpstart 2025!

Be Summer ready! This fills up quickly!

Very same curriculum but four days in a row (like summer!) \$115

Dec 27, 28, 29, 30 (Friday-Monday)

Jan 2, 3, 4, 5 (Tuesday-Friday)

Times: Levels: Times: Levels:
 10:30-11:15 p.m..... 3,4 3:00-3:45 p.m..... 1,2
 11:15-12:00 p.m..... 1,2 3:45-4:30 p.m..... 3,4
 12:00-12:45 p.m..... 3,4 4:30-5:15 p.m..... 1,2
 12:45-1:30 p.m.... 5,6,7,8 5:15-6:00 p.m.... 5,6,7,8
 1:30-2:15 p.m..... 3,4 6:00-6:45 p.m..... 1,2
 2:15-3:00 p.m..... 3,4 6:45-7:30 p.m..... 3,4