

FALL 2025

\$125.00 per session.
Pre-payment and registration required.

August 25 – November 20

SESSION 1

August 25 – September 18

Mondays: Aug. 25, Sept. 1, 8, 14(Sunday)
Tuesdays: Aug. 26, Sept. 2, 9, 15(Monday)
Wednesdays: Aug. 27, Sept. 3, 10, 16(Tuesday)
Thursdays: Aug. 28, Sept. 4, 11, 17(Wednesday)

SESSION 2

September 29 – October 23

Mondays: Sept. 29, Oct. 6, 13, 20
Tuesdays: Sept. 30, Oct. 7, 14, 21
Wednesdays: Oct. 1, 8, 15, 22
Thursdays: Oct. 2, 9, 16, 23

SESSION 3

October 27 – November 20

Mondays: Oct. 27, Nov. 3, 10, 17
Tuesdays: Oct. 28, Nov. 4, 11, 18
Wednesdays: Oct. 29, Nov. 5, 12, 19
Thursdays: Oct. 30, Nov. 6, 13, 20

Fall 2025 Times/Levels

MONDAYS
Times:..... Levels:
4:15 – 5:00 pm 1,2
5:00 – 5:45 pm 3,4
5:45 – 6:30 pm 1,2
6:30 – 7:15 pm 3,4

WEDNESDAYS
Times:..... Levels:
4:15 – 5:00 pm 1,2
5:00 – 5:45 pm 3,4
5:45 – 6:30 pm 1,2
6:30 – 7:15 pm ... 5,6,7,8

TUESDAYS
Times:..... Levels:
4:15 – 5:00 pm 3,4
5:00 – 5:45 pm 1,2
5:45 – 6:30 pm 3,4
6:30 – 7:15 pm 1,2

THURSDAYS
Times:..... Levels:
4:15 – 5:00 pm 3,4
5:00 – 5:45 pm 5,6,7,8
5:45 – 6:30 pm. 3,4
6:30 – 7:15 pm 1,2

Please enclose \$125.00 per 4-day session. If you would like to order goggles for your child, add \$10 and the goggles will be ready on first day of classes. For more information about levels 1 through 8, call Rhonda at (402) 327-2849 or visit: RhondaSwimAcademy.com.

MasterCard VISA Discover Card Number _____ Exp. _____ 3 digit # on back _____

****E-mail (for Class Confirmation)** _____ Cell _____

PARENT'S NAME(S) _____

Address _____ City/State/Zip _____

Age(s) _____ Level(s) _____ Dates/Time(s) _____ Session(s) _____

STUDENT NAME(S) _____

Class Registration Form Please complete this form, enclose payment, and mail to:
RHONDA DAKAN • 3725 RANDOLPH STREET • LINCOLN, NE 68510 • PHONE: (402) 327-2849

Rhonda's Swim Academy




*Professional Teachers
Extreme Quality over Quantity
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DEEP END AND DIVING BOARD

Rhonda Dakan
"Rhonda on Randolph"
3725 Randolph
Lincoln, NE 68510
Phone: (402) 327-2849
e-mail: rhondasswim@gmail.com
website: RhondaSwimAcademy.com
VISA • MasterCard • Discover

Gift Certificates Available

WINTER-SPRING 2025

\$125.00 per session. Pre-payment and registration required.

January 6 – May 22

SESSION 1

January 6 – 30

Mondays: Jan. 6, 13, 20, 27
 Tuesdays: Jan. 7, 14, 21, 28
 Wednesdays: Jan. 8, 15, 22, 29
 Thursdays: Jan. 9, 16, 23, 30

SESSION 2

February 3-27

Mondays: Feb. 3, 10, 17, 24
 Tuesdays: Feb. 4, 11, 18, 25
 Wednesdays: Feb. 5, 12, 19, 26
 Thursdays: Feb. 6, 13, 20, 27

SESSION 3

(Skip Spring Break Week)

March 3 – April 3

Mondays: Mar. 3, 17, 24, 31
 Tuesdays: Mar. 4, 18, 25, Apr. 1
 Wednesdays: Mar. 5, 19, 26, Apr. 2
 Thursdays: Mar. 6, 20, 27 Apr. 3

SPRING BREAK

Four-day session (think Summer)

March 8, 9, 10, 11

Saturday, Sunday, Monday, Tuesday

Times:..... Levels:
 11:00 – 11:45 am 3,4
 11:45 – 12:30 pm 1,2
 12:30 – 1:15 pm 5,6,7,8
 1:15 – 2:00 pm 3,4
 2:00 – 2:45 pm 1,2
 2:45 – 3:30 pm 5,6,7,8

SESSION 4

April 7 – May 1

Mondays: Apr. 7, 14, 21, 28,
 Tuesdays: Apr. 8, 15, 22, 29
 Wednesdays: Apr. 9, 16, 23, 30
 Thursdays: Apr. 10, 17, 24, May 1

FOUR DAY SESSIONS

May 5-8 (M-Th)
 May 12-15 (M-Th)
 May 19-22 (M-Th)

Times:..... Levels:
 3:30 – 4:15 pm 3,4
 4:15 – 5:00 pm 1,2
 5:00 – 5:45 pm 5,6,7,8
 5:45 – 6:30 pm 1,2
 6:30 – 7:15 pm 3,4

Winter-Spring 2025 Times/Levels

MONDAYS

Times:..... Levels:
 4:15 – 5:00 pm 1,2
 5:00 – 5:45 pm 3,4
 5:45 – 6:30 pm 1,2
 6:30 – 7:15 pm 3,4

WEDNESDAYS

Times:..... Levels:
 4:15 – 5:00 pm 1,2
 5:00 – 5:45 pm 3,4
 5:45 – 6:30 pm 1,2
 6:30 – 7:15 pm 3,4

TUESDAYS

Times:..... Levels:
 4:15 – 5:00 pm 3,4
 5:00 – 5:45 pm 5,6,7,8
 5:45 – 6:30 pm 1,2
 6:30 – 7:15 pm 3,4

THURSDAYS

Times:..... Levels:
 4:15 – 5:00 pm 3,4
 5:00 – 5:45 pm 5,6,7,8
 5:45 – 6:30 pm 3,4
 6:30 – 7:15 pm 1,2

JUMPSTART (2025)

This fills up quickly!
 Very same curriculum but four days in a row
 (like summer!) \$125.00

Jumpstart I:

January 2, 3, 4, 5
 (Thur., Fri., Sat., Sun.)

Jumpstart II:

December 27, 28, 29, 30
 (Sat., Sun., Mon., Tue.)

Times: Levels:
 10:30-11:15 am..... 3,4
 11:15-12:00 pm..... 1,2
 12:00-12:45 pm..... 3,4
 12:45-1:30 pm..... 5,6,7,8
 1:30-2:15 pm..... 3,4
 2:15-3:00 pm..... 3,4

Times: Levels:
 3:00-3:45 pm..... 1,2
 3:45-4:30 pm..... 3,4
 4:30-5:15 pm..... 1,2
 5:15-6:00 pm..... 5,6,7,8
 6:00-6:45 pm..... 1,2
 6:45-7:30 pm..... 3,4

SUMMER 2025

\$125.00 per session. Pre-payment and registration required. Options to enroll: call 402-327-2849 (fast, easy), mail registration and payment, drop- box outside pool door. ALWAYS include e-mail for class reminder. Reminder is a courtesy – calendar your classes.

May 27 – August 7

Sessions	Dates	Days
1	May 27-30	T-F
2	June 2-5	M-Th
3	June 9-12	M-Th
4	June 16-19	M-Th
5	June 23-26	M-Th
6	June 30-July 3	M-Th
7	July 7-10	M-Th
8	July 14-17	M-Th
9	July 21-24	M-Th
10	July 28-31	M-Th
11	Aug 4-7	M-Th

Summer 2025 Times/Levels

Times:..... Levels:
 8:30 – 9:15 am 3,4
 9:30 – 10:15 am 1,2
 10:30 – 11:15 am 3,4
 11:30 – 12:15 pm 1,2
 12:30 – 1:15 pm 5,6,7,8
 1:30 – 2:15 pm 1,2
 2:30 – 3:15 pm 3,4
 3:30 – 4:15 pm 5,6,7,8
 4:30 – 5:15 pm 1,2
 5:15 – 6:00 pm 3,4

HOLIDAY OPEN SWIMS!

2 hours of Exercise and Play.
 Beach balls, dive toys, shark rocks,
 and 92 degree water.
 Rhonda lifeguards for entire two hours -
 Swimmers must be 4 yrs. and 38 inches tall.

Saturday November 22

Sunday November 23

12:30-2:30 pm \$30

Call (402) 327-2849 to reserve your spot!