

# Rhonda's Swim Academy




*Professional Teachers  
Extreme Quality over Quantity  
47 years of teaching Lincoln to swim!*

## **DEEP END AND DIVING BOARD**

**Rhonda Dakan  
("Rhonda on Randolph")**

3725 Randolph  
Lincoln, NE 68510

Phone: (402) 327-2849

e-mail: [rmulgrue@neb.rr.com](mailto:rmulgrue@neb.rr.com)

website: [RhondasSwimAcademy.com](http://RhondasSwimAcademy.com)

Like us on Facebook!!

VISA • MasterCard • Discover • AmExp

### Class Registration Form

*Please complete this form, enclose payment, and mail to:*  
RHONDA DAKAN • 3725 RANDOLPH STREET • LINCOLN, NE 68510 • PHONE: (402) 327-2849

STUDENT NAME(S) \_\_\_\_\_

Age(s) \_\_\_\_\_ Level(s) \_\_\_\_\_

Dates/Time(s) \_\_\_\_\_

Session(s) \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

PARENT'S NAME(S) \_\_\_\_\_

\*\*E-mail (for Class Confirmation) \_\_\_\_\_

Cell \_\_\_\_\_

MasterCard  VISA  Discover Card Number \_\_\_\_\_ Exp. \_\_\_\_\_ 3 digit # on back \_\_\_\_\_

*Please enclose \$98.50 per 4-day session. If you would like to order goggles for your child, add \$10 and the goggles will be ready on first day of classes. For more information about levels 1 through 8, call Rhonda at (402) 327-2849 or visit: [RhondasSwimAcademy.com](http://RhondasSwimAcademy.com).*

## FALL 2023

### SESSION 1

**August 28 – September 23**

Mondays: Aug. 28, Sept. 4, 11, 18

Tuesdays: Aug. 29, Sept. 5, 12, 19

Wednesdays: Aug. 30, Sept. 6, 13, 20

Thursdays: Aug. 31, Sept. 7, 14, 21

Saturdays: Sept. 2, 9, 16, 23

### SESSION 2

**September 25 – October 21**

Mondays: Sept. 25, Oct. 2, 9, 16

Tuesdays: Sept. 26, Oct. 3, 10, 17

Wednesdays: Sept. 27, Oct. 4, 11, 18

Thursdays: Sept. 28, Oct. 5, 12, 19

Saturdays: Sept. 30, Oct. 7, 14, 21

### SESSION 3

**October 23 – November 18**

Mondays: Oct. 23, 30, Nov. 6, 13

Tuesdays: Oct. 24, Fri. Oct. 27, Nov. 7, 14

Wednesdays: Oct. 25, Nov. 1, 8, 15

Thursdays: Oct. 26, Nov. 2, 9, 16

Saturdays: Oct. 28, Nov. 4, 11, 18

### Fall 2023 Times/Levels

#### MONDAYS

**Times:**..... **Levels:**

4:15 – 5:00 p.m. .... 1,2

5:00 – 5:45 p.m. .... 3,4

5:45 – 6:30 p.m. .... 1,2

6:30 – 7:15 p.m. .... 3,4

#### TUESDAYS

**Times:**..... **Levels:**

4:15 – 5:00 p.m. .... 3,4

5:00 – 5:45 p.m. .... 1,2

5:45 – 6:30 p.m. .... 3,4

6:30 – 7:15 p.m. .... 1,2

#### WEDNESDAYS

**Times:**..... **Levels:**

4:15 – 5:00 p.m. .... 1,2

5:00 – 5:45 p.m. .... 3,4

5:45 – 6:30 p.m. .... 1,2

6:30 – 7:15 p.m. . 5,6,7,8

#### THURSDAYS

**Times:**..... **Levels:**

4:15 – 5:00 p. m. .... 3,4

5:00 – 5:45 p.m. .. 5,6,7,8

5:45 – 6:30 p.m. .... 3,4

6:30 – 7:15 p.m. .... 1,2

#### SATURDAYS

9:00 – 9:45 a.m. .... 3,4

9:45 – 10:30 a.m. .... 1,2

10:30 – 11:15 a.m. .... 3,4

# WINTER-SPRING 2023

## January 2 – May 28

### SESSION 1

#### January 2 – 28

Mondays: Jan. 2, 9, 16, 23  
 Tuesdays: Jan. 3, 10, 17, 24  
 Wednesdays: Jan. 4, 11, 18, 25  
 Thursdays: Jan. 5, 12, 19, 26  
 Saturdays: Jan. 7, 14, 21, 28

### SESSION 2

#### January 30 – February 25

Mondays: Jan. 30, Febr. 6, 13, 20  
 Tuesdays: Jan. 31, Febr. 7, 14, 21  
 Wednesdays: Febr. 1, 8, 15, 22  
 Thursdays: Febr. 2, 9, 16, 23  
 Saturdays: Febr. 4, 11, 18, 25

### SESSION 3

*(Skip Spring Break Week)*

#### February 27 – April 1

Mondays: Febr 27, Mar. 6, 20, 27,  
 Tuesdays: Febr 28, Mar. 7, 21, 28  
 Wednesdays: Mar. 1, 8, 22, 29  
 Thursdays: Mar. 2, 9, 23, 30  
 Saturdays: Mar. 4, 18, 25, Apr. 1

### SPRING BREAK

*Four-day session (think Summer)*

#### March 11, 12, 13, 14

*Saturday, Sunday, Monday, Tuesday*

**Times:..... Levels:**  
 11:00 – 11:45 ..... 3,4  
 11:45 – 12:30 ..... 1,2  
 12:30 – 1:15 ..... 5,6,7,8  
 1:15 – 2:00 ..... 3,4  
 2:00 – 2:45 ..... 1,2  
 2:45 – 3:30 ..... 5,6,7,8

### SESSION 4

#### April 3 – April 27

Mondays: Apr. 3, 10, 17, 24,  
 Tuesdays: Apr. 4, 11, 18, 25  
 Wednesdays: Apr. 5, 12, 19, 26  
 Thursdays: Apr. 6, 13, 20, 27

## FOUR DAY SESSIONS

*May 2-5 (T-F)*

*May 9-12 (T-F)*

*May 16-19 (T-F)*

*May 23-26 (T-F)*

**Times:..... Levels:**  
 3:30 – 4:15 ..... 3,4  
 4:15 – 5:00 ..... 1,2  
 5:00 – 5:45 ..... 5,6,7,8  
 5:45 – 6:30 ..... 1,2  
 6:30 – 7:15 ..... 3,4

## Winter-Spring 2023 Times/Levels

### MONDAYS

**Times:..... Levels:**  
 4:15 – 5:00 p.m. .... 1,2  
 5:00 – 5:45 p.m. .... 3,4  
 5:45 – 6:30 p.m. .... 1,2  
 6:30 – 7:15 p.m. .... 3,4

### TUESDAYS

**Times:..... Levels:**  
 4:15 – 5:00 p.m. .... 3,4  
 5:00 – 5:45 p.m. .... 5,6,7,8  
 5:45 – 6:30 p.m. .... 1,2  
 6:30 – 7:15 p.m. .... 3,4

### WEDNESDAYS

**Times:..... Levels:**  
 4:15 – 5:00 p.m. .... 1,2  
 5:00 – 5:45 p.m. .... 3,4  
 5:45 – 6:30 p.m. .... 1,2  
 6:30 – 7:15 p.m. .... 3,4

### THURSDAYS

**Times:..... Levels:**  
 4:15 – 5:00 p.m. .... 3,4  
 5:00 – 5:45 p.m. .... 5,6,7,8  
 5:45 – 6:30 p.m. .... 3,4  
 6:30 – 7:15 p.m. .... 1,2

### SATURDAYS

**Times:..... Levels:**  
 9:00 – 9:45 a.m. .... 3,4  
 9:45 – 10:30 a.m. .... 1,2  
 10:30 – 11:15 a.m. .... 3,4

# SUMMER 2023

*Pre-payment and registration required. Options to enroll: call 402-327-2849 (fast, easy), mail registration and payment, drop- box outside pool door. ALWAYS include e-mail for class confirmation. Confirmation is a courtesy – calendar your classes.*

## May 30 – August 11

Sessions	Dates	Days
1	May 30-June 2	T-F
2	June 6-9	T-F
3	June 13-16	T-F
4	June 20-23	T-F
5	June 27-30	T-F
6	July 5-8	W-Sat
7	July 11-14	T-F
8	July 18-21	T-F
9	July 25-28	T-F
10	Aug 1-4	T-F
11	Aug 8-11	T-F

## Summer 2023 Times/Levels

**Times:..... Levels:**  
 8:30 – 9:15 a.m. .... 3,4  
 9:30 – 10:15 a.m. .... 1,2  
 10:30 – 11:15 a.m. .... 3,4  
 11:30 – 12:15 ..... 1,2  
 12:30 – 1:15 ..... 5,6,7,8  
 1:30 – 2:15 ..... 1,2  
 2:30 – 3:15 ..... 3,4  
 3:30 – 4:15 ..... 5,6,7,8  
 4:30 – 5:15 ..... 1,2  
 5:15 – 6:00 ..... 3,4

## HOLIDAY OPEN SWIMS!

*Two hours of exercise and play.*

*Beach balls, dive toys, shark rocks, and 92 degree water.*

*Rhonda lifeguards for entire two hours - Swimmers must be 4 yrs. and 38 inches tall.*

*Saturday Dec. 2nd and Sunday Dec. 3rd*

**12:30-2:30 \$25 each**

**Call (402) 327-2849 to reserve your spot!**

## JUMPSTART!

*A great way to jumpstart 2024!*

*Be Summer ready! This fills up quickly!*

*Very same curriculum but four days in a row (like summer!) \$98.50*

**Dec 27, 28, 29, 30 (Tue.-Fri.)**

**Times: ..... Levels:**  
 1:30-2:15 p.m. .... 3,4  
 2:15-3:00 p.m. .... 3,4  
 3:00-3:45 p.m. .... 1,2  
 3:45-4:30 p.m. .... 3,4  
 4:30-5:15 p.m. .... 1,2  
 5:15-6:00 p.m. .... 5,6,7,8  
 6:00-6:45 p.m. .... 1,2  
 6:45-7:30 p.m. .... 3,4