

Rhonda's SWIM Academy

Winter/Spring
Summer
and Fall
2024

Professional Teachers
Extreme Quality over Quantity
48 years of teaching Lincoln to swim!

DEEP END AND DIVING BOARD

Rhonda Dakan
("Rhonda on Randolph")
3725 Randolph
Lincoln, NE 68510
Phone: (402) 327-2849
e-mail: rmulgrue@neb.rr.com
website: RhondasSwimAcademy.com
Like us on Facebook!!
VISA • MasterCard • Discover

Class Registration Form

Please complete this form, enclose payment, and mail to:

RHONDA DAKAN • 3725 RANDOLPH STREET • LINCOLN, NE 68510 • PHONE: (402) 327-2849

STUDENT NAME(S) _____

Age(s) _____ Level(s) _____ Dates/Time(s) _____ Session(s) _____

Address _____ City/State/Zip _____

PARENT'S NAME(S) _____

**E-mail (for Class Confirmation) _____ Cell _____

MasterCard VISA Discover Card Number _____ Exp. _____ 3 digit # on back _____

Please enclose \$115.00 per 4-day session. If you would like to order goggles for your child, add \$10 and the goggles will be ready on first day of classes. For more information about levels 1 through 8, call Rhonda at (402) 327-2849 or visit: RhondasSwimAcademy.com.

FALL 2024

\$115.00 per session. Pre-payment and registration required.

August 26 – November 16

SESSION 1

August 26 – September 21

Mondays: Aug. 26, Sept. 2, 9, 16
Tuesdays: Aug. 27, Sept. 3, 10, 17
Wednesdays: Aug. 28, Sept. 4, 11, 18
Thursdays: Aug. 29, Sept. 5, 12, 19
Saturdays: Aug. 31, Sept. 7, 14, 21

SESSION 2

September 23 – October 19

Mondays: Sept. 23, 30, Oct. 7, 14
Tuesdays: Sept. 24, Oct. 1, 8, 15
Wednesdays: Sept. 25, Oct. 2, 9, 16
Thursdays: Sept. 26, Oct. 3, 10, 17
Saturdays: Sept. 28, Oct. 5, 12, 19

SESSION 3

October 21 – November 16

Mondays: Oct. 21, 28, Nov. 4, 11
Tuesdays: Oct. 22, 29, Nov. 5, 12
Wednesdays: Oct. 23, 30, Nov. 6, 13
Thursdays: Oct. 24, skip Halloween Fri. Nov. 1, 8, 15
Saturdays: Oct. 26, Nov. 2, 9, 16

Fall 2023 Times/Levels

MONDAYS	5:00 – 5:45 p.m. 3,4
Times:..... Levels:	5:45 – 6:30 p.m. 1,2
4:15 – 5:00 p.m. 1,2	6:30 – 7:15 p.m. 5,6,7,8
5:00 – 5:45 p.m. 3,4	
5:45 – 6:30 p.m. 1,2	THURSDAYS
6:30 – 7:15 p.m. 3,4	Times:..... Levels:
	4:15 – 5:00 p. m. 3,4
TUESDAYS	5:00 – 5:45 p.m. . 5,6,7,8
Times:..... Levels:	5:45 – 6:30 p.m. 3,4
4:15 – 5:00 p.m. 3,4	6:30 – 7:15 p.m. 1,2
5:00 – 5:45 p.m. 1,2	
5:45 – 6:30 p.m. 3,4	SATURDAYS
6:30 – 7:15 p.m. 1,2	9:00 – 9:45 a.m. 3,4
	9:45 – 10:30 a.m. ... 1,2
WEDNESDAYS	10:30 – 11:15 a.m. ... 3,4
Times:..... Levels:	
4:15 – 5:00 p.m. 1,2	

WINTER-SPRING 2024

\$115.00 per session. Pre-payment and registration required.

January 2 – May 23

SESSION 1

January 2 – 25

Tuesdays: Jan. 2, 9, 16, 23
 Wednesdays: Jan. 3, 10, 17, 24
 Thursdays: Jan. 4, 11, 18, 25

SESSION 2

January 29 – February 22

Mondays: Jan. 29, Febr. 5, 12, 19
 Tuesdays: Jan. 30, Febr. 6, 13, 20
 Wednesdays: Jan. 30, Febr. 7, 14, 21
 Thursdays: Febr. 1, 8, 15, 22

SESSION 3

(Skip Spring Break Week)

February 26 – March 30

Mondays: Febr 26, Mar. 4, 18, 25
 Tuesdays: Febr 27, Mar. 5, 19, 26
 Wednesdays: Febr 28, Mar. 6, 20, 27
 Thursdays: Febr 29, Mar. 7, 21, 28
 Saturdays: Mar. 2, 9, 23, 30

SPRING BREAK

Four-day session (think Summer)

March 9, 10, 11, 12

Saturday, Sunday, Monday, Tuesday

Times:..... Levels:
 11:00 – 11:45 3,4
 11:45 – 12:30 1,2
 12:30 – 1:15 5,6,7,8
 1:15 – 2:00 3,4
 2:00 – 2:45 1,2
 2:45 – 3:30 5,6,7,8

SESSION 4

April 1 – April 27

Mondays: Apr. 1, 8, 15, 22,
 Tuesdays: Apr. 2, 9, 16, 23
 Wednesdays: Apr. 3, 10, 17, 24
 Thursdays: Apr. 4, 11, 18, 25
 Saturdays: Apr. 6, 13, 20, 27

FOUR DAY SESSIONS

Apr. 29-May 2 (M-Th)

May 6-9 (M-Th)

May 13-16 (M-Th)

May 20-23 (M-Th)

Times:..... Levels:
 3:30 – 4:15 3,4
 4:15 – 5:00 1,2
 5:00 – 5:45 5,6,7,8
 5:45 – 6:30 1,2
 6:30 – 7:15 3,4

Winter-Spring 2023 Times/Levels

MONDAYS

Times:..... Levels:
 4:15 – 5:00 p.m. 1,2
 5:00 – 5:45 p.m. 3,4
 5:45 – 6:30 p.m. 1,2
 6:30 – 7:15 p.m. 3,4

TUESDAYS

Times:..... Levels:
 4:15 – 5:00 p.m. 3,4
 5:00 – 5:45 p.m. .. 5,6,7,8
 5:45 – 6:30 p.m. 1,2
 6:30 – 7:15 p.m. 3,4

WEDNESDAYS

Times:..... Levels:
 4:15 – 5:00 p.m. 1,2
 5:00 – 5:45 p.m. 3,4
 5:45 – 6:30 p.m. 1,2
 6:30 – 7:15 p.m. 3,4

THURSDAYS

Times:..... Levels:
 4:15 – 5:00 p.m. 3,4
 5:00 – 5:45 p.m. .. 5,6,7,8
 5:45 – 6:30 p.m. 3,4
 6:30 – 7:15 p.m. 1,2

SATURDAYS

Times:..... Levels:
 9:00 – 9:45 a.m. 3,4
 9:45 – 10:30 a.m. 1,2
 10:30 – 11:15 a.m. 3,4

HOLIDAY OPEN SWIMS!

2 hours of Exercise and Play.

Beach balls, dive toys, shark rocks,
 and 92 degree water.

Rhonda lifeguards for entire two hours -
 Swimmers must be 4 yrs. and 38 inches tall.

Saturday November 23

Sunday November 24

12:30-2:30 \$30 each

Call (402) 327-2849 to reserve your spot!

SUMMER 2024

\$115.00 per session. Pre-payment and registration required. Options to enroll: call 402-327-2849 (fast, easy), mail registration and payment, drop- box outside pool door. ALWAYS include e-mail for class reminder. Reminder is a courtesy – calendar your classes.

May 28 – August 8

Sessions	Dates	Days
1	May 28-May 31	T-F
2	June 3-6	M-Th
3	June 10-13	M-Th
4	June 17-20	M-Th
5	June 24-27	M-Th
6	July 1-5	M-W,F
7	July 8-11	M-Th
8	July 15-18	M-Th
9	July 22-25	M-Th
10	July 29-Aug 1	M-Th
11	Aug 5-8	M-Th

Summer 2024 Times/Levels

Times:..... Levels:
 8:30 – 9:15 a.m. 3,4
 9:30 – 10:15 a.m. 1,2
 10:30 – 11:15 a.m. 3,4
 11:30 – 12:15 1,2
 12:30 – 1:15 5,6,7,8
 1:30 – 2:15 1,2
 2:30 – 3:15 3,4
 3:30 – 4:15 5,6,7,8
 4:30 – 5:15 1,2
 5:15 – 6:00 3,4

JUMPSTART!

A great way to jumpstart 2025!
 Be Summer ready! This fills up quickly!
 Very same curriculum but four days in a row (like summer!) \$115

Dec 27, 28, 29, 30 (Friday-Monday)

Jan 2, 3, 4, 5 (Tuesday-Friday)

Times: Levels: Times: Levels:
 10:30-11:15 p.m..... 3,4 3:00-3:45 p.m..... 1,2
 11:15-12:00 p.m..... 1,2 3:45-4:30 p.m..... 3,4
 12:00-12:45 p.m..... 3,4 4:30-5:15 p.m..... 1,2
 12:45-1:30 p.m... 5,6,7,8 5:15-6:00 p.m..... 5,6,7,8
 1:30-2:15 p.m..... 3,4 6:00-6:45 p.m..... 1,2
 2:15-3:00 p.m..... 3,4 6:45-7:30 p.m..... 3,4